

## TEEN'S PERSONALITY PROFILE

## Info User

First name:

Last name:

Phone:

Company:

City:

State/Province:

Country:

Postal Code:

Street Address:

## **For Review**

res, 123

## **Interpretation of Behavioral Blends**

You have a predictable pattern of behavior because you have a specific personality. There are four basic personality types. These types, also known as temperaments, blend together to determine your unique personality.

There are four basic personality types known as D, I, S, and C behavior. Everyone is a blend or combination of these four temperaments. No type is better than the other. No one has a bad personality. The most important factor is what you do with your personality. Don't let your personality control you; instead learn how to control your personality.

To help you discover more about your specific behavioral style, there are 21 Behavioral Blends. One or two Behavioral Blends will best describe you. Few people are pure D, I, S, or C types.

Most everyone is a combination you have, as much as what you

Every personality has strength: be another person's strength. I order to be more successful an strengths and avoid your "unique your strengths. The over-use or becomes the worst. The characthey later despise.

## For Review

e person's weakness may er word than "weakness." In t learn how to control your er pressure you lean toward e best thing about you out you can become what

n't matter what personality

The "bottom line" is allowing the Holy Spirit to control your personality. People often say, "I just want to be me." They want to find themselves and be "real." The problem is when you really find yourself, you often don't like what you find. You might be so dictatorial, self-seeking, insecure or critical that God seems powerless in your life. The so-called "real" or natural you can be opposite of what God wants you to be. You should not seek to be normal, but spiritual; not natural, but supernatural - to do what you do through the power of God in your life, to be what God wants you to be through a personal relationship with Him by faith in Jesus Christ as your Savior and Lord (Eph. 2:8-10). Be conformed into the image of Christ.

Once you discover your Behavioral Blend's, you can clearly recognize the areas God wants to work on. The Bible is the best source to help you. "All Scripture is given by inspiration of God and is profitable for doctrine, for reproof, for correction, for instruction in righteousness" (2 Timothy 3:16). The following are specific scriptures each Behavioral Blend should consider. These scriptures are admonitions and challenges to help you focus on becoming more like Christ. You should grow spiritually to the place in your life where people really don't know what personality you have. Balance and maturity should be your goal. Ask God to use these scriptures to encourage and empower you. Don't let them discourage you. The Word of God is quick and powerful, sharper than any two-edged sword. It can discern and deliver you from a self-centered attitude of "me-ism." Learn to be so controlled by the Holy Spirit that God gets the glory in all you say and do (Ephesians 5:18).

## Interpretation

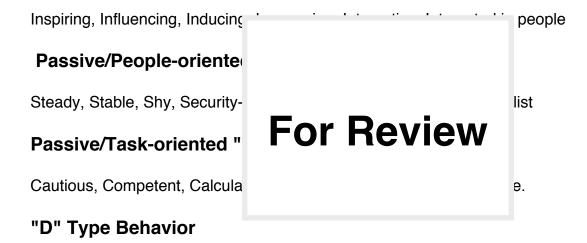
You have a predictable pattern of behavior because you have a specific personality. There are four basic personality types. These types, also known as temperaments, blend together to determine your unique personality. They help you understand why you often feel, think, and act the way you do. The following graph summarizes the Four Temperament Model of Human Behavior.



## Active/Task-oriented "D"

Dominating, Directing, Demanding, Determined, Decisive, Doing

## **Active/People-oriented "I"**



Basic Motivation: Challenge & Control

Desires: Freedom from Control - Authority - Varied Activities - Difficult Assignments - Opportunities for Advancement - Choices rather than ultimatums

Respond Best To Leader Who: Provides direct answers Sticks to task - Gets to the point - Provides pressure - Allows freedom for personal accomplishments

Needs to Learn: You need people - Relaxation is not a crime - Some controls are needed - Everyone has a boss - Self-control is most important - To focus on finishing well is important - Sensitivity to people's feelings is wise

### Biblical Advice:

BE GENTLE / NOT BOSSY—Wisdom from above is . . . gentle, James 3:17 CONTROL YOUR FEELINGS AND ACTIONS—Be angry and sin not, Eph. 4:26 FOCUS ON ONE THING AT A TIME—This ONE thing I do, Phil. 3:13 HAVE A SERVANT'S ATTITUDE—By love, serve one another, Gal. 5:13.

## "I" Type Behavior

Basic Motivation: Recognition

Desires: Prestige - Friendly re Opportunities to motivate other

Respond Best To Leader Whrecognition of abilities - Offers

For Review

pportunities to help others -

ocial involvement - Provides

Needs to Learn: Time must be the substantial of the

### Biblical Advice:

BE HUMBLE / AVOID PRIDE—Humble yourself in the SIGHT of God, James 3:17 CONTROL YOUR SPEECH—Be quick to hear, slow to speak, James 1:19 BE MORE ORGANIZED—Do all things decently and in order, 1 Cor. 14:40 BE PATIENT—The fruit of the Spirit is . . . longsuffering, Gal. 5:23.

## "S" Type Behavior

Basic Motivation: Stability & Support

Desires: Area of Specialization - Identification with a group Established work patterns - Security of situation - Consistent and familiar environment(s)

Responds Best To Leader Who: Is relaxed and friendly - Allows time to adjust to changes - Allows to work at own pace - Gives personal support

Needs to Learn: Total support is not always possible - Thorough explanation is not everything -

Deadlines must be met - More optimism will lead to greater success

### Biblical Advice:

BE BOLD AND STRONG—Only be strong and very courageous, Joshua 1:6
BE CONFIDENT AND FEARLESS—God has not given you the spirit of fear, 2 Tim. 1:7
BE MORE ENTHUSIASTIC—Whatsoever you do, do it HEARTILY as unto the Lord, Col. 3:23.

## "C" Type Behavior

Basic Motivation: Quality & C

Desires: Clearly defined task:

Time to think

For Review

equire precision and planning -

etailed operating procedures -

Responds Best To Leader W Provides resources to do task

Needs to Learn: Total support is not always possible - morough explanation is not everything - Deadlines must be met - More optimism will lead to greater success

### Biblical Advice:

BE MORE POSITIVE—Whatsoever things are lovely, of good report ... think on these things, Phil. 4:8

AVOID A BITTER AND CRITICAL SPIRIT—Let all bitterness . . . be put away from you, Eph. 4:31 BE JOYFUL —The fruit of the Spirit is . . . joy, Gal. 5:22 DON'T WORRY —Fret not, Psa. 37:1.

## Graph 1: "This is expected of me"

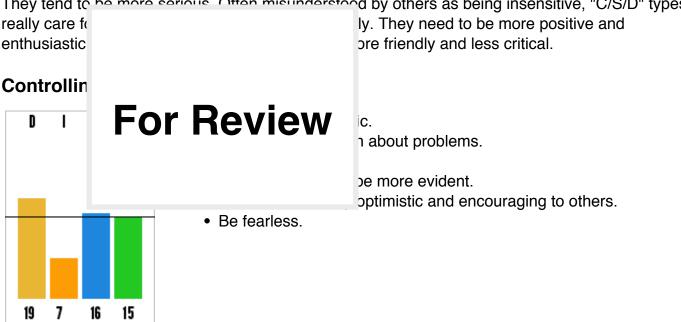
"This is expected of me" is your response to how you think people expect you to behave. It's your normal guarded and masked behavior.

Description: As a "D / S / C" or "D / C / S" or "S / D / C" or "S / C / D" or "C / D / S" or "C / S / D" you think people expect you to be direct, submissive, and competent. You tend to be more passive, but you sometimes surprise people with your dominant ways. You can be active and decisive, but your sweet, sensitive, compliant, and conscientious feelings seem to balance any abrasiveness or forcefulness you might exhibit. You don't tend to be talkative or a crowd pleaser. You seem to think people expect you to be more quiet and shy. You often don't consider yourself as reserved because of your aggressive and assertive tendencies. There is a part of you that doesn't like to constantly sit still and wait for things to happen. You like to be in charge while cautiously moving forward. You also like helping those who may be hesitant or need more assurance. You tend to plan and prepare more than others, but you don't always communicate it well to the masses.

#### C/S/D - COMPETENT STEADY DOERS

## Discovering your behavioral blends

"C/S/D's" are a combination of cautious, stable and determined types. They are more task-oriented, but care about people on an individual basis. They don't like to speak in front of crowds. They prefer to get the job done and do it right through small groups, as opposed to large groups. They tend to be more serious. Often misunderstood by others as being insensitive, "C/S/D" types



## Graph 2: "This is me"

"This is me" is your response to how you feel and think under pressure - how you really feel and think inside. It's your normal unquarded and unmasked behavior.

Description: As a "D / S / C", or "D / C / S", or "S / D / C", or "S / C / D", or "C / D / S", or "C / S / D", you think people expect you to be direct, submissive, and competent. You tend to be passive, but you sometimes surprise people with your dominant ways. You can be active and decisive, but your sweet and sensitive, as well as compliant and conscientious ways seem to balance any abrasiveness or forcefulness you might exhibit. You don't tend to be talkative or a crowd pleaser. You seem to think people expect you to be more quiet and shy. You often don't consider yourself reserved because of your soft and contemplative tendencies. There is a part of you that doesn't like to constantly sit still and wait for things to happen. You like to be in charge while cautiously moving forward. You also like halaing those who may be hasitant or need more assurance. You nmunicate it well to the

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C/S/D - COMPETENT STEAL

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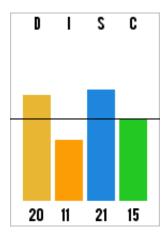
"C/S/D's" are a combination c oriented, but care about peop

## For Review

s. They are more taskte to speak in front of crowds. They prefer to get the job dor.

They tend to be more serious. Often misunderstood by others as being insensitive, "C/S/D" types really care for people. They just don't show it openly. They need to be more positive and enthusiastic. Natural achievers, they need to be more friendly and less critical.

## Controlling your behavioral blends



- Be more enthusiastic.
- Don't worry so much about problems.
- Be more positive.
- Let your sensitivity be more evident.
- Be more outwardly optimistic and encouraging to others.
- Be fearless.

## uniquelyyou Everton

**Everton** tends to be more:

Demanding / Asserting

Law-abiding / Conscientious

Loyal / True Blue Peaceful / Calm

Careful / Cautious

Risk-taking / Courageous

Hyper / Energetic

Brave / Adventu

Persistent / Res

Shy / Mild

Admirable / Eleg

Ambitious / Goe

Challenging / M

Perceptive / See

Pondering / Wo

Sweet / Tender

Generous / Givi

Industrious / Hard working

**Driving / Determined** 

Direct / To the point

Courteous / Polite

Inventive / Imaginative

Organized / Orderly

Helpful / Assisting

**Everton** tends to be less:

Outgoing / Active

Gentle / Soft / Humble

Calculating / Analytical

Convinced / Cocky

Obedient / Submissive

Pleasing / Good-natured

Perfectionist / Precise

usiastic / Influencing

: / Correct

petent / Does Right

er / Competitive

) / Intense

rate / Exact

ated / Expressive

uading / Convincing

ded / Masked / Protective

aring / Researching

Smiling / Happy

Dynamic / Impressing

Original / Creative

Strict / Unbending

Hospitable / Enjoys company

Exciting / Spirited

Bottom line / Straight-forward

## Everton's "D"Tendencies seem to be:

Demanding, Asserting, Risk-taking, Courageous, Brave, Adventurous, Persistent, Restless, Relentless, Ambitious, Goes for it, Challenging, Motivating, Industrious, Hard working, Driving, Determined, Direct, To the point

## Everton's "I"Tendencies seem to be:

Hyper, Energetic, Admirable, Elegant

## Everton's "S"Tendencies seem to be:

Loyal, True Blue, Peaceful, Calm, Sweet, Tender, Compassionate, Generous, Giving, Courteous, Polite, Helpful, Assisting

### Everton's "C"Tendencies seem to be:

Law-abiding, Conscientious, Careful, Cautious, Pondering, Wondering, Organized, Orderly

## **Everton's "D"Tendencies are not very:**

Convinced, Cocky, Winner, Competitive, Bottom line, Straight-forward

For Review

## uniquely**you Everton**

Everto Outgoii Impres	ressive, Smiling, Happy, Dynamic,
For Review	, Enjoys company
Everto Calcula Researching, Chemia, Creanico	ct, Competent, Does Right, Preparing,

# Appendix - Table Of Contents

This Table of Contents is for the generic pages of your *Teen's 4 DISC Personality Online Report.* (Faith Based)

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## Introduction

**Uniquely You** • • • because you are wonderfully made (Psalm 139:14). Every teen should know the answer to "Who am I?" The Bible says you are uniquely made for God's glory (Rev. 4:11).

You may already kr God made you, but do y God created everyone w one has a bad personalit personalities that really way God wired us, we c why we do what we do.

The problem with n is that our feelings and t do not see the difference and what feels or looks

tors affect our motivation. Our individual personalities often influence us the most.

Biblical motivation is knowing God desires to use our giftedness to glorify Himself. The way God "wired" us are never excuses for wrong motivations or poor behavior. We should seek to be spiritual, rather than have "that's just the way I am" attitudes. Our motivations should be godly, rather than humanly.

By identifying personality types we can relate better

mizing our individual drives can be espe-Motivating teens is creating the climate environment that influences them to deto do right. Understanding the science helps teens learn about true motivations, ion in this tool can help teens and their stand the dynamics of personalities, sment can be one of the most exciting periences you may ever have. This proouths to do by themselves or with their a wonderful discovery adventure!

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## Historical Background

The *Four Temperament Model of Human Behavior* is attributed to Hippocrates, the father of modern medicine. His scientific research and brilliant observations are universally accepted. Contrary to what critics claim, the Four Temperaments did not hatch from archaic pagan greek philosophy, but rather the scientific process that made Hippocrates the respected physician of his day.

The DISC Model of Human Behavior was first introduced by William Marston in 1928 through his book, *The Emotions Of Normal People*. Marston took Hippocrates'

Greek titles and assignare now many titles peraments discovere

ach. Though there ame basic four tem-

Dr. John Geier, C University of Minne DISC personality ty

## For Review

ment at the a person's

After studying ur Psychologist at Dalla their-kind combinati rank Wichern, Staff signed the first-ofer 1.5 million pro-

files now in print in several different languages, Uniquely You, Inc. is one of the most respected and popular profiles available for businesses, personal use, and faith-based organizations.

Understanding the four-quadrant model of basic human behavior often explains why people do what they do. These insights can make the difference between right and wrong responses, and the best or worst behavior in any situation.

The profile is not a psychological analysis. It is not designed to deal with serious emotional problems. It can help with simple insights into basic human behavior motivations. For more in-depth needs, we recommend you seek "professional" counseling.

To receive maximum effectiveness, be sure to study your entire profile. There are so many insights to learn!

## How To Read The DISC Graphs

Each graph describes a personality in a different way. Look at each graph and find the highest plotting point.

Notice in *Example A*, the highest point is "C." The next highest point is "S." This profile is a "C/S" type personality.

"C/S"s are cautious and steady. They like to do one thing at a time and do it right the first time. They also like stable and secure-oriented surroundings. They don't like to take risks or cause trouble.

"C/S"s need to be more outgoing and positive. Their **Behavioral Blend** is "Competent Specialist."

To help you read the graphs, also notice the lowest plotting points. The example shows "I" as the lowest point. It simply means that this

person do she tends
This pon an ind interest in

For Review

Examperson is people. This ing to sit still or work on one uning at a time.

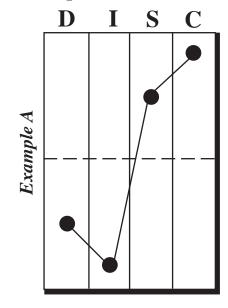
Notice the "S" and "C" plotting points are low. This means this person is not so concerned with security and stability or cautious and calculating actions. Low "S/C"s are more risk-takers and active types.

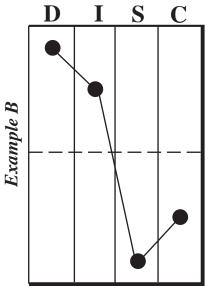
**Example C** is an "I/S" type personality. "I/S"s love people. They are active/outgoing in their "I" and passive/reserved in their "S". They don't like tasks. They need lots of recognition and a stable environment. Their "D" and "C" are low, meaning they are not assertive/dominant or logical/contemplative types.

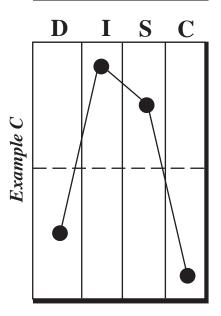
Your profile may be different. It really doesn't matter what your personality is. The important thing is that you control your personality, rather than allowing your personality to control you.

Remember, there is no bad personality. We need to accept the way we and others naturally respond as unique traits. Everyone doesn't think, feel or act the same way. Once we understand these differences we will be more comfortable and effective with ourselves and others.

To learn more, be sure to study the **Behavioral Blends**.







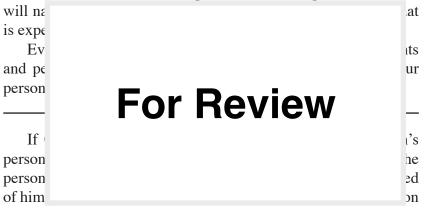
## Understanding The Two Graphs

Two graphs are identified for each person. They will help you understand how each person feels, thinks and acts. There is no bad profile. Each graph simply identifies a specific way the person looks at life.

**GRAPH 1:** "This is expected of me" is the response to how the person feels and thinks people expect him or her to behave. The person is telling you, "This is how I feel you want me to be" or "I think you want me to act like this."

People understand early in life that there are acceptable and unacceptable actions. Everyone is influenced by these thoughts and feelings.

**GRAPH 2:** "This is me" is the person's response to how he or she feels and thinks under pressure—how the person really feels and thinks inside. The person is revealing how he or she



may be very consistent with what is expected and the real him or her. Having two different graphs is not a problem and is normal for many people.

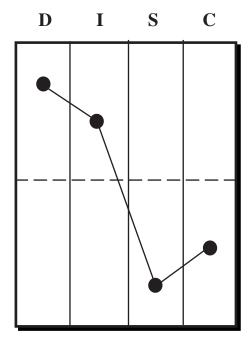
The examples show a "D/I" type in **GRAPH 1** and "I/S" in **GRAPH 2**. This person is revealing that he or she thinks people want him or her to be more dominant, even though he or she really isn't that type. This person is also more "S"—submissive and security oriented than what he or she feels is expected of him or her.

To understand how to read the two graphs, focus on each plotting point under the **DISC** columns.

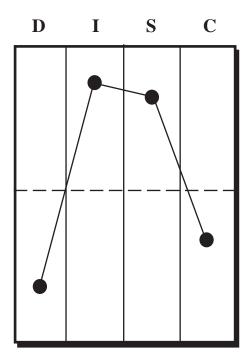
Every point in the upper third is considered *high*. Every point in the middle third is *mid*. Every point in the lower third is considered *low*.

The higher the plotting point, the more that **DISC** letter describes the person's behavior. Study this entire report to understand how to apply what you learn about yourself and others.

Example of Graph 1



Example of Graph 2



## Interpretation . .

You have a predictable pattern of behavior because you have a specific personality. There are four basic personality types. These types, also known as temperaments, blend together to determine your

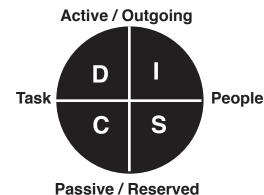
unique personality. To help you understand why you often feel, think, and act the way you do, the following graphic summarizes the Four Temperament Model of Human Behavior.

### Active / Task-oriented

"**D**" — Dominating, directing, driving, demanding, determined, decisive, doing.

### Passive / Task-oriented

"C" — Cautious, competent, calculating, compliant,



## **Active / People-oriented**

"I" — Inspiring, influencing, inducing, impressing, interactive, interested in people.

## **Passive / People-oriented**

"S" — Steady, stable, shy, security-oriented, servant, submissive, specialist.

careful, contemplative.

"D" BEHAVIOR / Biblical Examples: Paul & Sarah (Active / Task-oriented) Known as "Choleric"

**Descriptions:** Dominant, Direct, Demanding, Decisive

**Basic Motivation:** Challenge and Control

**Desires:** • Freedom from control • Authority • Varied activities

- Difficult assignments Opportunities for advancement
- · Choices, rather than ultimatums

Responds Best To Leader Who: • Provides direct answers

• Sticks to task • Gets to the point • Provides pressure • Allows freedom for personal accomplishments

Needs To Learn: • You need people • Relaxation is not a crime

• Some controls are needed • Everyone has a boss • Self-control is most important • To focus on finishing well is important

• Sensitivity to people's feelings is **Biblical Advice:** BE GENTLE / above is . . . gentle, James 3:17 • C ACTIONS—Be angry and sin not, THING AT A TIME—This ONE th • HAVE A SERVANT'S ATTITUD Gal. 5:13.

"I" BEHAVIOR / Biblical Examples: Peter & Ruth (Active / People-oriented) Known as "Sanguine"

**Descriptions:** Inspiring, Influencing, Impressing, Inducing

**Basic Motivation:** Recognition and Approval

**Desires:** • Prestige • Friendly relationships • Freedom from details • Opportunities to help others • Opportunities to motivate others • Chance to verbalize ideas

Responds Best To Leader Who: • Is fair and also a friend

- Provides social involvement Provides recognition of abilities
- Offers rewards for risk-taking

Needs To Learn: • Time must be managed • Deadlines are important • Too much optimism can be dangerous • Being responsible is more important than being popular • Listening better will

## For Review

"C" BEHAVIOR / Biblica

(Passive / Task-oriented) **Descriptions:** Competent, Comp Basic Motivation: Quality and **Desires:** • Clearly defined tasks •

• Assignments that require precision and planning • 11me to think

Responds Best To Leader Who: • Provides reassurance

• Spells out detailed operating procedures • Provides resources to do task correctly • Listens to suggestions

**Needs To Learn:** • Total support is not always possible

- Thorough explanation is not everything Deadlines must be met
- More optimism will lead to greater success

**Biblical Advice:** BE MORE POSITIVE—Whatsoever things are lovely, of good report ... think on these things, Phil. 4:8

• AVOID A BITTER AND CRITICAL SPIRIT—Let all bitterness ... be put away from you, Eph. 4:31 • BE JOYFUL — The fruit of the Spirit is . . . joy, Gal. 5:22 • DON'T WORRY —Fret not, Psa. 37:1.

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Biblical Examples: Moses & Hannah

• Established work patterns • Security of situation • Consistent familiar environment

Responds Best To Leader Who: • Is relaxed and friendly

- Allows time to adjust to changes Allows to work at own pace
- Gives personal support

**Needs To Learn:** • Change provides opportunity • Friendship isn't everything • Discipline is good • Boldness and taking risks is sometimes necessary

**Biblical Advice:** BE BOLD AND STRONG—Only be strong and very courageous, Joshua 1:6 • BE CONFIDENT AND FEAR-LESS—God has not given you the spirit of fear, 2 Tim. 1:7 • BE MORE ENTHUSIASTIC—Whatsoever you do, do it HEARTILY as unto the Lord, Col. 3:23.

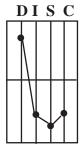
## DISCOVERING YOUR BEHAVIORAL BLEND

There are four basic personality types known as **D**, **I**, **S**, and **C** behavior. Everyone is a blend or combination of these four temperaments. No type is better than the other. No one has a bad personality. The most important factor is what you do with your personality. Don't let your personality control you; instead learn how to control your personality.

To help you discover more about your specific behavioral style, there are 21 **Behavioral Blends**. One or two **Behavioral Blends** will best describe you. Few people are pure **D**, **I**, **S**, or **C** types. Most everyone is a combination of the four types. Remember, it doesn't matter what personality you have, as much as what you do with it. (Continue instructions next page.)

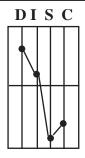
### D: DETERMINED DOERS

"D"s are dominant and demanding. They win at all costs. They do not care as much about what people think as they care about getting the job done. Their insensitivity to feelings makes them too strong. They are great at developing things, but they need to improve their ability to do things correctly. Their strong will should be disciplined to prepare and think more accurately about what they are doing. They are motivated by serious challenges to accomplish tasks.



## D/I: DRIVING INFLUENCERS

"D/I"s are bottom line people. They are much like Dynamic Influencers. They are a little more determined and less inspirational, but they are strong doers and able to induce others to follow. They need to be more cautious and careful, as well as more steady and stable. They get involved in a lot of projects at the same time. They need to focus on one thing at a time and slow down. They are motivated by opportunities to accomplish great tasks through a lot of people.



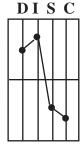
### I: INSPIRATIONAL INFLUENCERS

"I"s are impressive people. They are extremely active and excited individuals. Approval is important to them. They can have lots of friends if they do not overdo their need for attention. They can be sensitive and emotional. They need to be more interested in others and willing to listen. They do not like research unless it makes them look good. They often do things to please the crowd. They are entertainers. They need to control their feelings and think more logically. They often outshine others and are motivated by recognition.



#### I/D: INSPIRATIONAL DOERS

"I/D"s are super salespeople. They love large groups. They are impressive and can easily influence people to do things. They need a lot of recognition. They exaggerate and often talk too much. They jump into things without thinking them through. They need to be more studious and still. They should also be more careful and cautious. They are motivated by exciting opportunities to do difficult things. If not careful, they will do things to please the crowd and get themselves into trouble in the process. They make inspiring leaders and determined individuals.



### S: STEADY SPECIALISTS

"S"s are stable and shy types. They do not like changes. They enjoy pleasing people and con consistently do the

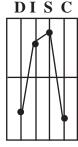
same job. Secure, non-threater important to them. They make the they are so forgiving. Other padvantage of them. They need to how to say, "No" to a friend who we Talking in front of large crowds. They are motivated by sweet and to help others.



#### S/I: STEADY INFLUENCERS

"S/I"s are sensitive and inspirational. They accept and represent others well. They have lots of friends

ring. They do not influential. They ey must learn to yy like to talk, but tions. They would re aggressive and ate. Motivated by they induce others



## **For Review**

### C: CAUTIOUS COMPET

"C"s are logical and analytical. The is careful, calculating, compliant When frustrated, they can over deposite. They need answers and their potential. They tend not the important of the important in the import

ings of others. They can be critical and crabby. They prefer quality and reject phoniness in others. They are motivated by explanations and projects that stimulate their thinking.



#### ALISTS

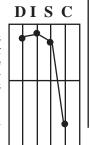
ey like to do one first time. Their ngs makes them nd cautious. They

are consistent and carerui, but serioun take risks or try new things. They do not like speaking to large crowds, but will work hard behind the scenes to help groups stay on track. They are motivated by opportunities to serve others and to do things correctly.



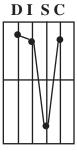
#### I/D/S: INSPIRING DRIVING SUBMISSIVE

"I/D/S"s are impressing, demanding and stabilizing at the same time. They are not as cautious and calculating as those with more "C" tendencies. They are more active than passive. But they also have sensitivity and steadiness. They may seem to be more people-oriented, but can be dominant and decisive in their task-orientation. They need to be more contemplative and conservative. Details don't seem as important as taking charge and working with people.



#### D/I/C: DOMINANT INSPIRING CAUTIOUS

"D/I/C"s are demanding, impressing and competent. They tend to be more task-oriented, but can be people-oriented before crowds. They need to increase their sensitivity and softness. They don't mind change. Active and outgoing, they are also compliant and cautious. They like to do things correctly, while driving and influencing others to follow. Their verbal skills combine with their determination and competence to achieve. Security is not as important as accomplishment and looking good.



Observe the 21 **Behavioral Blends** on these two pages. Choose the one or two profiles that are most like your graphs. Read the brief paragraph descriptions of the ones that are most like you. You will probably be a combination of two specific profiles. You can also have some characteristics of other types, but will normally fit into one or two Behavioral Blends.

Every personality has strengths and weaknesses (uniquenesses). One person's weakness may be another person's strength. That's why "uniqueness" may be a better word than "weakness." In order to be more successful and improve your relationships, you must learn how to control your strengths and avoid your "uniquenesses." Always remember that under pressure you lean toward your strengths. The over-use of a strength becomes an abuse, and the best thing about you becomes the worst. The characteristic that people once liked most about you can become what they later despise.

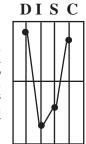
#### D/I: DYNAMIC INFLUENCERS

"D/I"s are impressive, demanding types. They get excited about accomplishing tasks and looking good. Determined and driven, they influence large crowds best. They can be too strong and concerned about what others think. They have good communication skills and are interested in people. They need to be more sensitive and patient with the feelings of others. Learning to slow down and think through projects are crucial for them. They are motivated by opportunities to control and impress.



### D/C: DRIVING COMPETENT TYPES

"D/C" Types are determined students or defiant critics. They want to be in charge, while collecting information to accomplish tasks. They care more about getting a job done and doing it right than what others think or feel. They drive themselves and others. They are dominant and caustic. Improving their people skills is important. They need to be more sensitive and understanding. They are motivated by choices and challenges to do well.



#### I/S: INSPIRATIONAL SPECIALISTS

"I/S"s are influential and stable. They love people and people love them. They like to please and serve others. .. J:CC ... 14 4

They do not like time controlwant to look good and encou organizational skills. They fol they are told. They should what to do, than with whom to by interactive and sincere op Regardless of being up front influence and support others and obedient workers.

## DISC

For Review

### I/C: INSPIRATIONAL COMPETENT

"I/C" Types are inspiring, yet cautious. They size up situations and comply with the rules in order to look good. They are good at figuring out ways to do things better

> n be too persuasive and hey are often impatient e sensitive to individual ncerned about what othaking the rules; neither need to try new things rowd. They are careful s through.



### S/D: STEADY DOERS

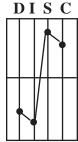
S/D"s get the job done. They and are determined to accom ers, they relate best to small; talk in front of large crowds, They enjoy secure relations

them. They can be soft and hard at the same time. They are motivated by sincere challenges that allow them to systematically do great things. They prefer sure things, rather than shallow recognition. They make good friends, while driving to succeed.



ENT TYPES

emplative types. They icts. They like to weigh to a logical conclusion. pple. They do not like s. They are systematic ners, but can be critical



C/I/S: COMPETENT INFLUENCING

**SPECIALISTS** "C/I/S"s like to do things right, impress others and stabilize situations. They are not aggressive or pushy people. They enjoy large and small crowds. They are good with people and prefer quality. They are sensitive to what others think about them and their work. They need to be more determined and dominant. They can do things well, but are poor at quick decision-making. They are capable of doing great things through people, but need to be more selfmotivated and assertive. They are stimulated by sincere, enthusiastic approval and logical explanations.



## C/S/D: COMPETENT STEADY DOERS

opportunities to slowly and correctly do things.

and caustic. They are loyal friends, but can be too fault-

finding. They need to improve their enthusiasm and

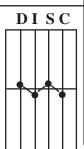
optimism. They are motivated by kind and conscientious

"C/S/D"s are a combination of cautious, stable and determined types. They are more task-oriented, but care about people on an individual basis. They don't like to speak in front of crowds. They prefer to get the job done and do it right through small groups, as opposed to large groups. They tend to be more serious. Often misunderstood by others as being insensitive, "C/S/D" types really care for people. They just don't show it openly. They need to be more positive and enthusiastic. Natural achievers, they need to be more friendly and less critical.



#### STRAIGHT MID-LINE

A Straight Mid-Line Blend occurs when all four plotting points are close together in the middle of the graph. This may indicate that the person is trying to please everyone. Striving to be "all things to all men" may indicate mature response to pressure. Or it may confirm frustration over the intensity differences under pressure. The person may be saying, "I really don't know what my D, I, S, or C behavior should be or really is." The person may want to do another profile after a while to see if there is any change.



#### ABOVE MID-LINE • BELOW MID-LINE

Some patterns indicate unique struggles an individual may be having.

An Above Mid-Line Blend occurs when all four plotting points are above the mid-line. This may indicate a strong desire to overachieve.

A Below Mid-Line Blend occurs when all four plotting points are below the mid-line. This may indicate that the person is not really sure how to respond to challenges.



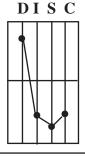
## CONTROLLING YOUR BEHAVIORAL BLEND

The "bottom line" is allowing the Holy Spirit to control your personality. People often say, "*I just want to be me*." They want to find themselves and be "real." The problem is when you really find yourself, you often don't like what you find. You might be so dictatorial, self-seeking, insecure or critical that God seems powerless in your life. The so-called "real" or natural you can be opposite of what God wants you to be. You should not seek to be normal, but spiritual; not natural, but supernatural — to do what you do through the power of God in your life, to be what God wants you to be through a personal relationship with Him by faith in Jesus Christ as your Savior and Lord (Eph. 2:8-10). *Be conformed into the image of Christ.* 

(Continue instructions next page.)

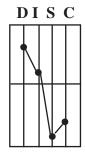
#### D: DETERMINED DOERS

Be careful to not offend when you take charge—"The servant of the Lord must not strive (be pushy), but be gentle," 2 Tim. 2:24. Anger is normal, but must be controlled—"Be angry and sin not," Eph. 4:26. Be motivated to purity and peace—"Wisdom from above is first pure, peaceable . . .," James 3:17. Focus on doing ONE thing well—"This ONE thing I do," Phil. 3:13. Always remember, God is the Master of your fate—"The fear of the Lord is the beginning of wisdom," Prov. 1:7.



### D/I: DRIVING INFLUENCERS

Though naturally fearless and able, you need to respect God's power over you—"Fear God and give Him glory," Rev. 14:7. Guard the over-use of strength and be kind—"By the meekness and gentleness of Christ," 2 Cor. 10:1. Making peace is a greater challenge than winning a fight—"Blessed are the peacemakers," Matt. 5:9. Choose words carefully—"A soft answer turns away wrath," Prov. 15:1. God must control your feelings—"The fruit of the Spirit is . . . temperance (self-control)," Gal. 5:23.



### I: INSPIRATIONAL INFLUENCERS

Don't exalt yourself—"Humble yourself and God will exalt you," James 4:10. Be sure to listen more—"quick to hear, slow to speak," James 1:19. Work at being organized—"Do all things decently and in order," 1 Cor. 14:40. Concentrate on doing what is most im-

portant—"All things are not experimentally prepare more—"Prepare yourself, careful what you desire—"Delight 3:5,6. Don't be over-confident as promise—Peter claimed he would Mark 14:31.



#### I/D: INSPIRATIONAL DOERS

Guard the power of your words—"The tongue is a fire," James 3:6. Don't be like those who "by fair words and good speeches—deceive," Rom. 16:18. Always tell the truth—"Speak the truth and lie not," 1 Tim. 2:7. Remember Who has blessed you—"God must increase, I

od the glory for all "Psa. 29:1,2. Put rst the kingdom of "lust of the flesh ately destroy your



## S: STEADY SPECIALIS

Increase your confidence in Christ through Christ, Who strengthens 1 your—"rock, fortress and delivereness is not from God—"God has not fear," 2 Tim. 1:7. Speak out 1 redeemed of the Lord say so," Psa. 1 ing and less inhibited—"Christ ha 5:1. Be more assertive—Moses con

"let my people go," Ex. 5:1. Security is possible—"You are secure, because of hope," Job 11:18.



For Review

## CERS

It fear," Phil. 1:14.
Dirit, Phil. 4:1. The about Christ—"The 31:1. Guard against be troubled, neither emember, you don't "David encouraged 3. Always do right



and don't fear people—"Fear of man brings a snare (trap)," Psa. 29:25.

### C: CAUTIOUS COMPETENT TYPES

Be more patient when wanting to correct others—"Rebuke, exhort with all longsuffering," 2 Tim. 4:2. Correct in love—"Speak the truth in love," Eph. 4:15. Be more positive—"Rejoice in the Lord ALWAYS," Phil. 4:4. Hope in God, not circumstances—"Rejoicing in hope," Rom. 12:12. The most logical thing you can do is serve God—"Present your bodies a living sacrifice... which is your reasonable service," Rom 12:2. Find happiness in God—"Delight in the Lord," Psa. 37:4.



### C/S: COMPETENT SPECIALISTS

Think more positively —"Whatsoever things are pure

. . . of good report . . . think on those things," Phil. 4:8,9. Guard against the fear of failure—God promises "Fear not for I am with you," Isa. 43:5. Focus on the possible —"With God all things are possible," Matt. 19:26. Be cheerful—"The fruit of the Spirit is . . . joy," Gal. 5:22. When everything goes wrong, God is all you need—"Our sufficiency is of God," 2 Cor. 3:5. Think like Christ—"Let this mind be in you which was also in Christ," Phil. 4:8.



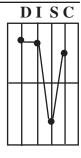
#### I/D/S: INSPIRING DRIVING SUBMITTING

Be more calculating and careful—"Sit down first and count the cost," Luke 14:28. Organize yourself and attempt to be more organized, "Do all things decently and in order," 1 Cor. 14:40. Be careful what you promise—"Let your 'yea' be 'yea' and your 'nay' be 'nay'," 2 Cor. 1:17. Give God the glory for all you do—"Give unto the Lord glory," Psa. 29:1,2. Think before you do things—"A wise man thinks to know," Ecc. 8:17. Be humble and share the glory—"Humble yourself and God will exalt you," James 4:10.



#### D/I/C: DOMINANT INSPIRING CAUTIOUS

Be sure to listen more—"quick to hear, slow to speak," James 1:19. Be more sensitive to the individual's feelings—"The servant of the Lord must not strive, but be gentle," 2 Tim. 2:24. Be more of a peacemaker—"Blessed are the peacemakers," Matt. 5:9. Be more steady and don't get sidetracked—"Be steadfast always doing the work of the Lord," 1 Cor. 15:58. Don't be judgmental—"If a man be overtaken in a fault, restore him," Gal. 6:1.



Once you discover your **Behavioral Blend/s**, you can clearly recognize the areas God wants to work on. The Bible is the best source to help you. "All Scripture is given by inspiration of God and is profitable for doctrine, for reproof, for correction, for instruction in righteousness" (2 Timothy 3:16). The following are specific scriptures each **Behavioral Blend** should consider. These scriptures are admonitions and challenges to help you focus on becoming more like Christ. You should grow spiritually to the place in your life where people really don't know what personality you have. Balance and maturity should be your goal. Ask God to use these scriptures to encourage and empower you. Don't let them discourage you. The Word of God is quick and powerful, sharper than any two-edged sword. It can discern and deliver you from a self-centered attitude of "me-ism." Learn to be so controlled by the Holy Spirit that God gets the glory in all you say and do (Ephesians 5:18).

### D/I: DYNAMIC INFLUENCERS

Concentrate on humility and obedience—Christ "humbled Himself and became obedient," Phil. 2:8. Everyone has a boss, even you—Jesus said, "I too am a man under authority," Matt. 8:9. Avoid rebellion —"Rebellion is

as the sin of witchcraft," 1 always most important—" 19:30. Be patient with otl is longsuffering," Gal. 5:23 not in your ability to make Lord," Psa. 37:7.

### I/S: INSPIRATION

Do everything unto the Lord heartily, as unto the Lord Beware of seeking man's at as men pleasers," Eph. 6:6 than others—"Do always tl John 8:29. Be more task-count the cost," Luke 14:28 in business," Rom. 12:11. prove his work," Gal. 6:4.

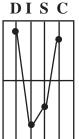
you want —"Being fruitful in every good work," Col. 1:10. Be industrious—"Night comes when no one will work," John 9:4.

## DISC

### D/C: DRIVING COMPETENT TYPES

Seek to get along with everyone—"Live peaceably with all men," Rom. 12:18. Be kind and loving—"Kindly affectionate one to another," Rom. 12:10. Show more love—"Love one another," 1 John 4:7. Seek to serve,

ervant of Christ," Eph. 6:6.
. Control your desire to have rristlike—"By the meekness 2 Cor. 10:1. Take time to be dd—"Be still and know that I



## For Review

## AL COMPETENT

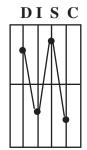
too highly of yourself—"God res grace to the humble," 1 ad more than others—"When Lord," Prov. 16:7. Be a good of the believer," 1 Tim. 4:12. look to God—"Glorify God in r. 6:20. Be bold and confident as and access with confidence 3:12. Guard statements and

judgments—"Alying tongue is a vanity tossed to and fro," Prov. 21:6. Don't flatter yourself—"He flatters himself in his own eyes," Psa. 36:2.



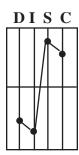
## S/D: STEADY DOERS

God wants to empower what you think is weakness—"Most gladly will I rather glory in my infirmities that the power of Christ may rest upon me." God's grace (the power and ability to do what God wants) is enough for whatever you need—"My grace is sufficient for you." You are often strongest in weakness, as you trust in God and not yourself—"For when I am weak, then am I strong," 2 Cor. 12:9. Encourage and help others daily—"Exhort one another daily," Heb. 3:13. God challenges you to reason with Him—"Come now and let us reason together," Isa. 1:18.



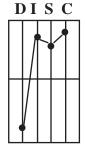
### S/C: STEADY COMPETENT TYPES

Be assertive and stronger—"Only be strong and very courageous," Joshua 1:6. Be more enthusiastic—"Whatever you do, do it heartily," Col. 3:23. Enjoy relationships, rather than endure them—Christ said, "I am come that you might have life . . . abundantly," John 10:10. Peace and happiness do not come from security and safety —"Peace I leave with you, my peace I give unto you," John 14:27. Divine peace is knowing God's ways are beyond ours—"The peace of God passes all understanding," Phil. 4:7. Be fearless in Christ—"I will fear no evil." Psa. 23:4.



## C/I/S: COMPETENT INFLUENCING SPECIALISTS

Guard against being judgmental—"Judge not lest you be judged," Matt. 7:1. "Who are you that judges another," James 4:12. Avoid bitterness and resentment—"Lest any root of bitterness spring up to trouble you," Heb. 12:15. God will meet your needs—"My God shall supply all your need according to His riches in glory," Phil. 4:19. Be thankful for everything—"In all things give thanks," 1 Thess. 5:18. Let God's Word affect you—"Let the Word of God dwell in you richly in all wisdom," Col. 3:16. Whatever you do, do it for God's glory—"Do all in the name of God," Col. 3:17.



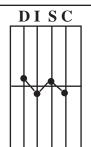
### C/S/D: COMPETENT STEADY DOERS

Be more enthusiastic—"Whatever you do, do it heartily as unto the Lord," Col. 3:23. Don't worry so much about problems — "Let not your heart be troubled," John 14:27. Be more positive — "Whatsoever things are pure . . . if there be any virtue, think on these things," Phil. 4:8,9. Let your sensitivity be more evident — "Be kindly affectionate, one to another," Rom. 12:10. Don't be like Moses when he was reluctant to lead because of his poor verbal skills (Ex. 4:10-16). Be more outwardly optimistic and encouraging to others — "Exhort one another daily," Heb. 3:13.



## STRAIGHT MID-LINE

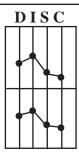
You may be trying to be all things to all men, which is good, but can be frustrating at times. The farther apart your plotting points, the easier it is to read the profile. Recognize your identity in Christ — "I am crucified with Christ, nevertheless I live, yet not I, but Christ lives in me," Gal. 2:20. Relax in the Lord — "Come unto me all you that labor and are heavy laden and I will give you rest," Matt. 11:28. You cannot please everyone all the time — "Having men's persons in admiration," Jude 16.



#### ABOVE MID-LINE • BELOW MID-LINE

An Above Mid-Line Blend may be trying to over-achieve — "It is God who works in us, both to will and do of His good pleasure," Phil. 2:13. You may be thinking too highly of what is expected of you or the real you. Remember Peter.

A Below Mid-Line Blend may indicate you are not really sure how to respond to challenges — "I can do all things through Christ," Phil. 4:13. Think more positively about yourself — "I am fearfully and wonderfully made," Psa. 139:14.



## Leadership Insights

Most everyone responds to life's challenges and choices according to his or her personality. Therefore, individuals who relate to others must be *personality wise*.

For Review

For example, High "S" leaders should not engage High "D" followers in small talk. "D"s prefer leaders who get-to-the-point. They want "bottom line" answers. They respond best to those who are not going to waste their time.

On the other hand, High "S" followers feel comfortable with leaders who are systematic, slower, and steady in their approaches. "S"s don't like fast talking, quick pace responses. "S"s respond best to stable and sensitive leaders.

## Leader Styles

The following describes different leadership styles. Youth tend to lead according to their personalties, rather than adapt to the styles of others.

#### "D" Leaders -

"D"s are *take control* and *be in charge* types. They don't like people telling them what to do. "D" leaders can be too pushy and forceful. They need to control their direct and demanding approach to management. They make better leaders when they learn to slow down, be gentle, and not so demanding of others.

#### "I" Leaders -

"I"s are inspiring and influence others. to talk too much. "I" so sensitive to rejecti positive leaders. "I"s in individuals.

### "S" Leaders -

"S"s are the sweet seldom demand anytl

tend to be too nice. They need to be more aggressive and assertive. Overly sensitive to their shortcomings, "S"s need to be more confident. They hate to take risks. They often miss opportunities because of their caution. Reliable and relaxed, they are more reserved.

#### "C" Leaders —

"C"s are competent and compliant. They go by the book and want to do everything just right. They are thorough and detail-oriented, but tend to be too informative. "C"s need to be more positive and enthusiastic. They answer questions people aren't asking. When optimistic, "C"s are extremely influential. They should not concentrate on problems, but focus on potentials.

The most effective Leader is the blended Servant Leader. These type youth learn how to adapt and become "all things to all men." They understand that everyone is often motivated by their specific personality. They guard their strengths from overuses, and improve/ perfect (2 Cor. 12:9-10) their "uniquenesses / weaknesses."

Blended Servant Leaders allow the Holy Spirit to control

## Follower Styles

Teens also follow according to their personalities. Identifying individual followers' styles make leaders more effective.

## "D" Followers —

"D"s respect strong leaders. They want to be part of a winning team. They follow with power and authority in mind. They wonder, "Will this action make me more respected and / or get the job done?" "D" followers need choices, rather than "get-in or get-out" ultimatums. They

es to do their own thing.

with their hearts. They tend to be impulsive want opportunities that will make them ollowers talk a lot. They make great first eir high egos and ability to persuade often e leaders in order to rise to the top. Sometnow who's leading whom.

s don't make quick decisions. They like understanding and gentle. They want to

establish a relationship with a leader who will be around for a long time. "S"s are concerned about service and stability. When it comes to sensible and slow judgment, "S" followers feel right at home. They like familiar and low-key environments.

#### "C" Followers -

"C"s are "Consumer Report" type followers. They analyze each decision. They love research and development.
"C"s are quality oriented followers. They don't like quick or costly decisions. Picky and precise, they follow with their minds, rather than hearts. "C"s seldom respond positively at first. They often want time to think about their decisions. Once convinced, they follow best.

their drives, passions, and wills in order to motivate others more wisely. Servant Leaders are Transformational Leaders who raise people up to follow on a higher plain. Any young person can be a Servant Leader. Your giftedness and "DISC" personality type is not most important. It's your relationship with God and others that makes the difference. God doesn't always call the qualified, but He always qualifies the called!

## **DISC Learning Styles**

According to Cynthia Tobias' book, *THE WAYTHEY LEARN*, there are four basic learning styles: Concrete, Abstract, Sequential, and Random. There are also three ways we remember. She adds, "Learning styles researchers Walter Barbe and Raymond Swassing present three modes of sensory perception (ways of remembering) that we all use in varying degrees." These "modalities" (auditory, visual, and kinesthetic) affect everyone's learning styles.

Teens should discover their auditory, visual, or kinesthetic / feeling styles in order to help mentors and parents communicate better with them. It is not always their mentor's or parent's fault when things are misunderstood. It is every teen's responsibility to work with their mentors and parents to know how the teen learns best.

Every mentor, parent, and teacher should also know and understand how these learning styles respond. Adapting one's

presenting style to the learning style of the teen will often determine the success or failure of a relationship.

It is not always the responsibility of the teen or student to adapt his or her learning style to that of the presenter. Teens and their mentor, parent, or teacher must both control their communicating and learning styles in order to have the best results possible.

Understanding how your DISC personalities affect learning styles can help guard your strengths and avoid your weaknesses. Study the insights below to improve your communicating and learning.

Always remember, you are the only one who can control yourself to do right. Don't expect or depend on anyone else to give you the determination to respond appropriately. Learn to control your personality, rather than letting your personality control you. Take command of your feelings and thinking, rather than expecting others to change on your behalf.

## "D" Behavior —

**Auditory Learner:** LISTENS best to challenges and straightforward communication. Wants to hear bottom-line and summarized facts. Doesn't like to listen to long drawn-out stories. Responds best to serious and hard-hitting points. Pays most attention when lessons are direct and demanding.

**Visual Learner:** Wants to SEE progress and results. Responds best to action-packed visuals. Learns best when lessons are animated or shown, as opposed to written or spoken. Desires more hands on group learning by example.

## Kinesthetic Learner

ing. Desires strong emo or silly type presentation makes him or her relate

## "C" Behavic

Auditory Learner:
words. Desires to hear
and how. Wants to hea
cation. Is not as intere
facts. Learns best with morough experimenon.

**Visual Learner:** Wants to SEE the lesson, as opposed to just hearing about it. Desires visualization of the facts. Learns best when presented with investigated lessons. Needs to have pictures and charts drawn that explain the lesson.

Kinesthetic Learner: Wants to FEEL the lesson is clear and understandable. Learns best when communicated through rational and emotional means. Desires balance between facts and feelings. Wants to learn through heartfelt, yet intellectual presentations. Needs to feel the lesson is logical.

## "I" Behavior —

**Auditory Learner:** LISTENS best to exciting and enthusiastic communication. Desires to hear expressions and word-pictures that make lessons come alive. Needs to hear influencing and impressive learning that communicates optimism. Hears the lesson best through humorous stories.

**Visual Learner:** Wants to SEE the lesson through drama or role-play. Desires to participate by acting out or visualizing the lesson. Learns best when able to picture him or herself in the lesson. Looks for images that explain the lesson.

## For Review

**er:** Wants to FEEL part of the lesson. It is with the presenter and point of the n a group where his or her feelings can heartfelt communication.

## or —

: LISTENS best to sweet and soft preke strong or fast-paced communication. oportive and security-oriented words. is in a small group. Wants to hear words when make the responsibility kind, nice, and caring.

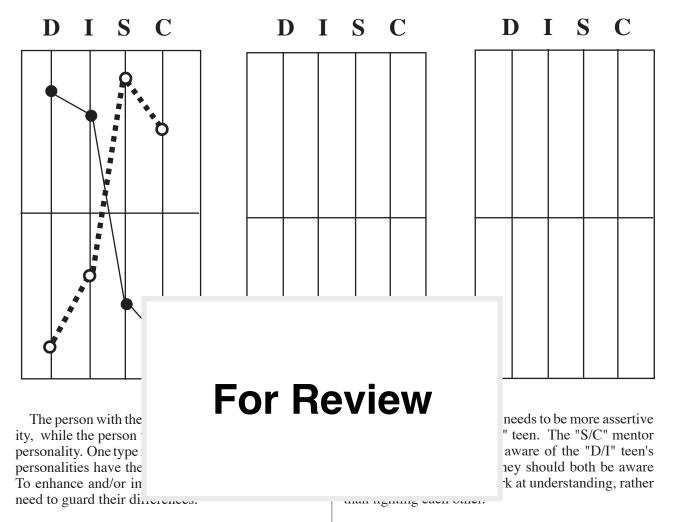
**Visual Learner:** Wants to SEE the lesson lived-out through the life of the presenter. Learns best by visualizing the lesson as part of a small group, rather than having to be up front presenting. Desires steady and stable visual environments.

Kinesthetic Learner: Wants to FEEL comfortable and secure as he or she learns. Responds best to status-quo type learning, without surprises or challenges. Desires that everyone is learning harmoniously and together as a family. Needs to feel the lesson in a personal and private way.

## Mentor or Parent / Teen Reflections

To contrast two personality profiles use Graphs 1 and 2 below. Transpose the graphs from your two graphs in this booklet (mentor or parent and teen must each complete their own *Uniquely You Questionnaire*).

To observe the possible differences in the profiles, use two different color ink pens or a pen and pencil or a dotted line in contrast to a solid line. Notice the sample graph below.



Mentors or parents and their teenagers often conflict because one or both don't understand the personality of the other. If the solid line is that of the teen, this child wants to dominate the mentor or parent — to be in charge. But the mentor or parent knows total freedom is not good for the child. The mentor or parent will naturally resist.

The "D/I" teen needs to be more obedient to the "S/C" mentor's or parent's more passive and reserved behavior. "D/I"s may want to do their own thing, while the "S/C" mentor or parent may want to make sure the child is careful. The "D/I" teen wants to be more active, while the "S/C" mentor or parent may want the teen to be more reserved.

On the other hand, "D/I" mentors or parents must control themselves first if they want to control the youth. "S/C" teens must always keep in mind certain personalities are control-oriented and need to be obeyed more quickly. Teens will gain more freedom and responsibility when they learn to obey, rather than resist.

The most important factor in developing a great relationship is *commitment*, rather than *compatibility*. Chances are a mentor or parent and teen will have different personalities. This often brings the best out of each of them. Ancient words of wisdom advise:

**To Teens** — "Obey your mentors and parents!" **To Mentors** — "Provoke not teens to wrath!" **To Both** — "Harmony grows healthy relationships!"

To improve or enhance your relationships, study this entire booklet.

## **Dynamic Differences**

#### ASSIGNMENT -

- Think of how opposite personalities come together and complement each other.
- Recognize the obvious differences between you and others.
- Consider how opposite personalities can bring out the best and worst part of you.
- Begin thinking about the so-called "weaknesses" of others as "uniquenesses."

Opposites seem to attract each other. Somehow we are attracted to people who have strengths that are our weaknesses. "C"s will meet an exciting, positive, upbeat type person, like an "I". "C"s will wish they were more like him or her, while the "I" is impressed with the "C"'s logical thinking and organized behavior.

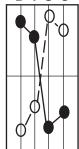
"D"s are often attracted to "C"s because of "C"s cautious and calculating demeanor, while "C"s are imp and dreaming behavior. "I"s a sweet, soft demeanor; while "S

What happens when oppos differences. Our differences c ences can drive us apart. The in love often become the very

others.

While opposites often attrablends or composites of **DISC** or "C"s. Most teens are a con

led "weaknesses" of • "D/I"s are outgo



• "D/I"s are outgoing, while "S/C"s are passive and reserved.

The following are three of the most common

opposite types. See if any of these is like your

Behavioral Blend/s and another person's type

"D/I" Relating To "S/C"

to improve your relationship.

- "D/I"s are more positive than "S/C"s.
- "S/C"s are more cautious than "D/I"s.
- Both should learn from the other.
- Be committed!

## For Review

## " Relating To "D/C"

- "I/S"s are people, while "D/C"s are task-oriented.
- "I/S"s are more hightouch than "D/C"s.
- "D/C"s are more high-tech than "I/S"s.
- Both should learn from the other.
- Be committed!

### **EXAMPLES** —

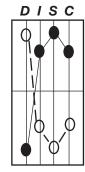
There are "D/I" behavior types, who are active in their tasks and people skills. There are "S/C" types, who are passive, while both people and task oriented. "D/C"s are pure task-oriented, while being active and passive. "I/S"s on the other hand, are basically people-oriented while active and passive.

The "I/C" is both active and passive while people and task-oriented at the same time. The same goes for the "D/S." But while the "I/C" loves to inspire and correct, the "D/S" enjoys dominating and serving others. The "D/S" type may sound like a contradiction in terms, but this unique and often confusing behavior is normal.

The most obvious conflicts occur when a pure "D/C" task-oriented individual is attracted to a pure "I/S" people-oriented person. These people were probably initially impressed with the others' strengths which were their own weaknesses. The "D/C" lacks people skills while the "I/S" needs to become more task-oriented and organized. The exciting news is each needs the other, but difficulty comes when one stops looking at the other's strengths and starts focusing instead on the other's weaknesses.

The "D/C" focuses on logical thinking and being industrious, while the "I/S" desires to build relationships and deepen communication. You can see how these two blends of behavior can clash.

## "D" Relating To "I/S/C"



- "D"s are more dominant and demanding.
- "I/S/C"s resist aggression, but respect it.
- They prefer friendly, secure and cautious behavior.
- Both should learn from the other.
- Be committed.

## Intensity Index

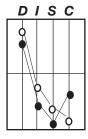
Parent's highest plotting point:

Graph 1 \_\_\_\_; Graph 2 \_\_\_\_;

Teen's highest plotting point:

Graph 1 \_\_\_\_; Graph 2 \_\_\_\_;

- 1. Identify parent's and teen's highest plotting points from the graphs on the *Plotting Instructions* page.
- 2. Decide who will be the solid circle and who will be the other •.
- 3. Complete your *Mentor or Parent / Teen Reflections* graphs.
- 4. Look for the Behavioral Blends graph/s most similar to your graphs (concentrate on the highest points).
- 5. Evaluate your *Indexes* and *Practical Application*.

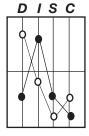


## "D" / "D" RELATIONSHIP

Two "D"s relate well together as long as one recognizes the other is the "boss." "D" #1 may be the boss, but "D" # 2 must respect and trust him or her. "D" # 2 may be a little more dominant, but "D" # 1 is also very dominant. Two "D"s living in the same home will struggle over "who's the boss?" There must be a respect for authority and clear chain of command established.

### **Practical Application**

- Don't be afraid to allow others to make major decisions.
- Give choices, not ultimatums.
- Don't force issues.
- Slow down in making decisions.
- Control yourself first, rather than the other.
- Learn to relax and control stress.



### "D" / "I" RELATIONCHID

"D"s and "I"s a while the "I" v while the "D" wants to domin The "I" feels a "D" thinks the while "I"s are t

"D" / "S" I

"D"s and "S"s

want to tell "S

## For Review

nunicate on the basis of needs.

they really care.

D"s a chance to talk.

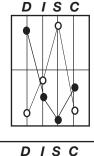
"I"s more.

e industrious—workers. manipulate.

to dominate "S"s. ie "D" is out of control,

tne "5" nas tne right to say so, without fear.

- "S"s need to strongly appeal to "D"s when their behavior is unacceptable.
- "S"s should develop more determination.
- Show balance by adapting to others.



## "D" / "C" RELATIONSHIP

should be more compromising.

A "D" and "C" relationship often conflicts over dreams and details. The "D" wants to get the job done, while the "C" wants to get it done right. "D"s and "C"s are both task-oriented. "D"s are more optimistic, while "C"s are more pessimistic ("realistic"). "D"s need to be more careful, while "C"s need to be more positive. They both need to be more people-oriented and cordial.

"S"s for their sensitivity. "D"s definitely try to dominate

"S"s, but should never take them for granted. "S"s feel

secure with "D"s as long as "D"s show controlled and

stable behavior. "S"s should be more assertive — "D"s

### **Practical Application**

- Be more understanding of the other's perspective — don't criticize their personality.
- Allow others to feel the way they feel.
- "D"s ought to listen more to "C"s.
- "C"s should avoid always being negative.
- Give "C"s chance to think about decisions.
- "C"s should take risks. "D"s should be careful.

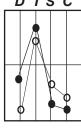


### "I" / "I" RELATIONSHIP

Two "I"s will talk more than work. They compete for praise and approval. They tend to be overly optimistic and enthusiastic. Two "I"s in the same home will communicate well, if one doesn't outtalk the other. Each wants lots of attention. Both tend to be emotional. Communication goes two ways—talking and listening. They tend to exaggerate things and often overreact.

## **Practical Application**

- Take turns talking.
- Ask the other to repeat back what he or she heard. "I"s don't listen well.
- Record what you agreed upon so there will be no misunderstandings.
- Praise each other more than seeking to be praised.



## More Insights

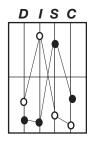
Parent's **NEXT** highest plotting point:

Graph 1 \_\_\_\_; Graph 2 \_\_\_\_;

Teen's **NEXT** highest plotting point:

Graph 1 \_\_\_\_; Graph 2 \_\_\_\_;

- 1. Once you have completed understanding your *Intensity Index*, follow these instructions for more insights.
- 2. Identify parent's and teen's **NEXT** highest plotting points from the graphs on the *Plotting Instructions* page.
- 3. Review your *Mentor or Parent / Teen Reflections* graphs. Be sure your **NEXT** highest points are both above the mid-line.
- 4. Study the *Intensity Indexes* that relate to your **NEXT** highest points on Graphs 1 & 2.

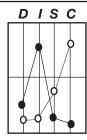


## "I" / "S" RELATIONSHIP

"I"s and "S"s don't tend to be outwardly industrious. They like to "care and share" more. "I"s are great at promoting, while "S"s tend to more serving. "I"s and "S"s relate well together. "I"s are the talkers, while "S"s are the listeners. "I"s want "S"s to tell them how they feel, but "S"s can't seem to get a word in. "I"s love crowds; "S"s prefer small groups.

## **Practical Application**

- When an "I" asks an "S" a question, the "I" should wait for the "S" to answer.
- "S"s shouldn't let "I"s always interrupt and control every conversation.
- "S"s should ask "I"s to repeat what "S"s say.
- "I"s should avoid thinking of what they want to say, rather than listening more closely.



## "I" / "C" RELATIONSHIP

"I"s and "C"s are often attracted to each other, because

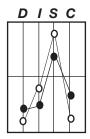
"I" are real friendl eventually dislike "I"s' facts. "I"s ar differences. "I"s are are feeling-oriented definitely opposite

## **Practical Application**

• "I"s need to seriously trust "C"s' concerns.

optimistic about

nomework" before s about an idea. hemselves, instead z "I"s.



"S" / "S" REI

Two "S"s relate and pete or criticize each the other. "S"s are therefore they mak to be assertive and

They can be taken advantage of, if not careful.

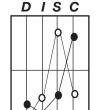
For Review

selves to express

at opportunities, ants to take risks. he other for major

decisions.

• Be more enthusiastic and outgoing.



## "S" / "C" RELATIONSHIP

"S"s and "C"s relating to each other will be passive and methodical. Precision and being proper come before performance. "S"s want "C"s to be more friendly. "C"s can be too picky, but "S"s will be most forgiving. "S"s desire more intimacy, while "C"s are more into projects. They are both more quiet and private. They can often spend time together without a lot of conversation.

### **Practical Application**

- "S"s need to be more demanding with "C"s.
- Respect each other's ideas.
- "C"s should not criticize "S"s' disinterest.
- Be more intimate and aggressive.
- Don't wait on others to express themselves.
- Be more optimistic and positive about your problems.

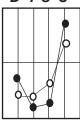


## "C" / "C" RELATIONSHIP

Two "C"s can be challenging together. Both have high standards on how to do things. "C"s tend to think their way is best. Two "C"s living in the same home will conflict over "right and wrong." They can be cold and caustic. "C"s tend to be picky-perfectionists and demanding of competence. They make friends when when they respect each other's wisdom and thinking.

## **Practical Application**

- Be more complimentary of each other.
- Don't criticize each other's work.
- Don't keep your feelings in.
- Be more expressive and positive.
- Think twice before saying what you think.
- Compromise your way of doing things.
- Be more outgoing and people-oriented.



## How To Handle Conflicts

Often, the greatest hindrances to healthy relationships are personality conflicts. Positive teenagers, desiring to build good relationships, are often discouraged because of misunderstandings and clashes with others.

These insights are designed to help youths discover why people do what they do under pressure and why they may conflict with others. Life's success principles on how to handle clashes are clear. The problem is many teens are not aware of their "sensitive spots." Everyone needs to learn more about avoiding and resolving conflicts.

Every personality has its "hot button." Everyone can act like a "D" when pushed too far. The following are tendencies of personalities as they relate under pressure.

Review the following pages with your Behavioral Blends in mind. Read this page to see how you may respond as a specific personality type. Also consider how you may respond differently because of your "hot and cold buttons."

To improve your effectiveness, control your personality and never use it as an excuse for poor behavior!

Remember — Most problems with teenagers today are not theological or technical.

They're relational — personality conflicts and clashes with others.

## "D" Behavior —

#### **Under Pressure:**

Becomes dictatorial, domineering, demanding, angry, intense, forceful, direct, bossy.

#### **Sources of Irritation:**

Weakness, indecisiveness laziness

Lack of — discipline direction, authority,

### **Needs To:**

Back off, seek peace, reacting, control self friendly, loyal, kind,

## "I" Behavior —

## **Under Pressure:**

Becomes hyper, overly optimistic, immature, emotional, irrational, silly, wordy, selfish.

### **Sources of Irritation:**

Disinterest slowness pessimism, details, time

ubt, structure, n participation.

trol emotions, iplined, punctual, entious.

## friendly, loyal, kind, For Review

## "C" Behavio

#### **Under Pressure:**

Becomes moody, crit negative, worrisome.

### **Sources of Irritation:**

Incompetence, disorganization, foolishness, dishonesty, inaccuracy, wastefulness, inconsistency, blind faith, false impressions.

### **Needs To:**

Loosen up, communicate, be - joyful, positive, tolerant, compromising, open, trusting, enthusiastic.

cure, fearful, weak-

willed, withdrawn, sympathizer, sucker.

### **Sources of Irritation:**

Pushiness, instability, inflexibility, anger, disloyalty, insensitivity, pride, discrimination, unfairness.

### **Needs To:**

Be — strong, courageous, challenging, aggressive, assertive, confrontational, enthusiastic, outgoing, expressive, cautious, bold.

## Natural Responses To Conflict —

"D"s - Want To Attack

"I"s — Want To Expose Others

"S"s — Want To Support or Submit

"C"s — Want To Criticize

## Recommended Wise Responses —

"D"s — Restore With Love!

"I"s — Make Others Look Good!

"S"s — Care Enough To Confront!

"C"s — Examine Own Self First!

## Relating Styles

Everyone has a specific relating style that complements and conflicts. People often clash, in spite of their commitment to each other. Identifying predictable patterns of behavior can improve their relationships.

No relating style is better than the other. Smart teenagers learn to control their personalities and respond according to their other peoples' personalities. Unfortunately, many youths don't know their relating style. They also often don't even know their best friend's personality type.

Most teens struggle because of personality differences. Familiarity often breeds contempt. In other words, the closer you get, the easier it is to conflict. What we often love about others, we sometimes despise.

Understanding "relating styles" will help youths deal with the differences between them and others. Be sure to identify both personalities.

Best friends often have totally different personalities. An aggressive teenager may have a passive friend. Don't think best friends are always alike. Learn to deal with your friend according to his/her specific personality.

It is each youth's responsibility to adapt and control the conflict. Don't expect the other person to.

The following are proven and practical ways to deal with different types. Focus on your D, I, S, or C type personality, along with that of your friend's.

Be sure to consider your Behavioral Blend and other predominant temperament tendencies ("highs").

## "D" Type Relating To —

"D"

Be strong, but willing to bend. Your friend will challenge and intimidate. Get to the point. Remind your friend, you're a team.

"T":

Be enthusiastic and complimentary. Your friend will talk and exaggerate a lot. Listen and don't try to control the conversation or prove your point

11Q11.

Be sweet. Don't be force friend will judge how yo and kind. Appreciate yo

Be prepared. Don't use friend wants explanation be strong if you don't kn

## "I" Type Relating To —

"D"

Be serious. Don't be silly or informal. Your friend is not interested in funny stories. Don't waste time. Demonstrate your plan to solve the problem.

Be a good listener. Don't talk much. Compliment your friend. Emphasize the good and positive.

Smile and garee as much as possible.

## For Review

l share his or her et the friend finish einforce your sensitivity.

w" your friend. Ask for espectful. Give details recise and methodical.

## "C" Type Relating

"D":

Be relaxed. Don't be de

line." Don't bore your friend with a lot of facts. Agree on solution based on both perspectives. Be positive. "I":

Be patient. Let your friend talk. Ask pointed questions that makes your friend think. Get your friend to talk through to the solution. Stay on track.

Be loving. Show sincere care for your friend. Make your friend feel you really enjoy what you do. Don't complain. Be optimistic and sure of your plan.

Be precise and accurate. Meet forceful demands with clear answers. Be sure of your facts. Be open to suggestions. urself. The friend may be forceful. Show strength. Challenge your friend, but not too hard. Don't give in if you know you're right.

"I":

Be interested in what your friend says. Don't just listen. Share your thoughts and concerns. Ask your friend to review what was settled.

"S":

Be kind, but don't overdo it. Be strong if necessary. Don't hold back, but be sensitive. Encourage your friend to be stronger concerning problems.
"C":

Be ready for stress. Have your proof ready. Your friend will pressure you with logic or reasons. Be open to what is said. Take the good, leave the bad.

## **Dating Insights**

Every personality type has its predictable pattern of behavior. Dating and "going together" allows you the opportunity to "get to know" the other person. But dating can be one of the most deceitful times of a relationship!

The reason is, everyone has "masked" and "unmasked" behavior or "guarded" and "unguarded" behavior. Our "masked" or "guarded" behavior is what we think is expected of us. It's the way we perceive or feel others expect us to act — the response to our environment.

"Unmasked" and "unguarded" behavior is the "real you." It's the way we really feel inside — our instinctive response and basic style.

Both "masked" normal, but they can won't know what is you might think a pe in reality he or she

Example: A"D" typ
"S" behavior. They
they are ready to be
often bring out the best and worst in as.

You should observe people as they respond to pressure and stress. The "real you" often comes out in unguarded situations — when you least expect it. Also the closer we get to someone, the more we let our guard down.

Maturity and experience should teach us to control our emotions, so we don't do what comes "natural", but do what comes "supernatural." We should not seek to be "normal," but "spiritual" as unto the Lord.

The key to successful relationships is controlling ourselves, rather than trying to control others. Healthy relationships come out of understanding how everyone's personality affects the relationship — learning how to adapt and relate to the other person's feeling, thoughts and actions. The following is how specific personality types often, but not always respond in dating situations:

"D" types tend to be demanding and decisive in relationships. They like to dominate and determine what to do and where to go. They can be too "bossy." But they are also confident and aggressive, often succeeding where others fail. "D"s make great leaders, but under pressure, they can become unbending and forceful. They must constantly remember to be more gentle and kind when things don't go their way.

"I"S are more inspiring and influencing types. They constantly talk and express their feelings. Emotional and enthusiastic, they are full of fun and spontaneity. They often say things silly, but talk their way out of

s need to listen better. They love learn how to share the lime light. nember, others have feelings too. Idly, but popular types.

idy and stable environments. They ney make the best friends and most ey are also often taken advantage. with whatever others want. They entire and expressive. Normally nust practice "tough love" — being lifficult people. "S"s should also demanding.

For Review

"C"s are the more cautious and calculating types. They seem to be "moody" when they are quiet and contemplative. They don't like having to make quick decisions. They prefer to investigate the options before deciding. "C"s tend to be opinionated, but what they say is often insightful. They can become too "realistic" and miss out on exciting opportunities. "C"s need to "let their hair down" and enjoy life, rather than just endure it.

Since opposite types tend to attract and attack, study this entire booklet to learn as much as you can about Human Behavior Science. Guard your strengths and avoid your "uniquenesses." Learn to unselfishly respond to people the way they are, rather than the way you are.

Try to discern other people's "masked " Graph 1 and "unmasked" Graph 2 behavior, then determine if they are controlling their emotions or if their emotions are controlling them. Don't jump to conclusions. Control yourself, regardless what other people do.

## BIBLICAL EXAMPLES OF PERSONALITY TYPES

The Bible is full of examples of unique personalities. Some individuals were aggressive and outgoing, while others were withdrawn and quiet. One type is not better than the other. Biblical behavior is balanced and mature.

Scripture demands both behavior. Mark 16:15 tells us, "Go into all the world and preach the gospel." Psalm 46:10 encourages us to "be still and know God." Both are different, vet commands.

Mary and Martha are good examples of opposite types. Martha was more active and task-oriented, while her sister, Mary, was more passive and people-oriented. Martha demonstrated "D" type behavior (John 11:20), while Mary showed "S" type behavior (John 11:20).

When Lazarus their brother died, both said the exact same thing to Jesus (John 11:21, 32), but Jesus responded differently to each one. The lesson is we should respond to people according to their personalities—not ours. We should be "all things to all men, that we might by all means save some," (Rom. 11:14).

Individual **DISC** behavior is illustrated in the Scriptures. God uses all types of personalities to complete His plan and

purpose. The most imp ity control you, instead God fill (control) you

The **Apostle Paul** was definitely a "D" type. He was left for dead, imprisoned, stoned, forsaken and forgotten, yet he pressed on toward the high calling of God. He didn't worry about what anyone thought about him, except God. He also learned obedience and submission after God crushed him on the road to Damascus.

Peter demonstrated "I" type behavior every time he spoke up for the disciples. He was often very dramatic. One moment Peter promises, in front of a crowd, to never forsake Christ, then a little later he denies the Lord, when no one is watching, to a young maiden. Yet God used Peter in a great way at Pentecost.

Moses seemed to show "S" behavior when God told him to lead the children of Israel out of Egypt. Moses was unsure of himself. He even tried to get Aaron to be the leader. "S" type personalities don't like to be "up-front" telling everyone what to do, but God sometimes calls people to do great things in spite of their personality types.

Thomas, the Disciple, exhibited "C" behavior when he doubted Christ's resurrection. "C"s need proof and answers to questions. Jesus didn't belittle Thomas, but gave him the

> the Lord in a great way. Historians in extremely effective missionary to

## For Review

## High "D"s

• They need challen

• They don't like to their own bosses.

- Controlling themselves is most important. Desiring to control others, "D"s need to guard their feelings.
- Since "D"s test and challenge authority, they need to learn that everyone has a boss. If not, they will push others to the limit.

*Instead of telling "D"s to complete a task immediately,* give them the choice between completing the task now or by a certain time. They will usually choose the latter, but they at least have the choice.

ognition, approval and stroking.

They are to take and get attention. Being quiet is difficult

- Give them opportunities to express themselves.
- Don't put them down for their desire to entertain.
- Encourage them to control their excitement and share the limelight with others.

"I"s need to learn they will have more friends when they make others look good. Praise them when they do well. Emphasize how their poor behavior makes them look bad, when they under-achieve. They especially need to guard against pleasing everyone.

## High "C"s

- They like to do things right. Finishing a project half way or half right is unacceptable to them.
- Give them time and resources to do their best.
- Don't push them to always do better. They may get frustrated and give up.
- Encourage them to improve their people skills. They need to learn to be more sociable.
- Answer their questions and explain the "whys of life."

Provide these types with happy and positive atmospheres. They tend to be naturally pessimistic and moody. Joyful and uplifting music around the home or office can be very encouraging. Avoid being constantly negative and critical, especially with these personality types.

## High "S"s

for them.

- They desire steady and stable environments. Change is difficult. Give them time to adjust.
- Don't expect them to accept risks or try new things. They prefer traditional roles.
- Difficult assignments and enthusiastic challenges are not effective. Friendly and sweet appeals are best.
- Encourage them to be more outgoing and assertive, so that others will not take advantage of them.

"S"s' natural submission causes others to take advantage of them. "S"s need to learn how to control their reluctance to be bold and assertive. Saying "no" can be frightening, yet powerful. Taking chances and risks to take charge can be very rewarding.

## Joy & Giftedness

The words "joy" and "gifts" are related in the Bible. They both come from the same Greek root word. Their connection has wonderful implications — real joy comes when we exercise our gifts. God divinely designed us with plan and purpose. His purpose was to bless us, by our discovering and using our giftedness for His glory.

Discovering our giftedness is fascinating. But the main thing is to keep the main thing the main thing! What is the main thing? It is to "glorify God with your body and spirit," 1 Cor. 6:19,20. We glorify God most, while reaping the benefits of true joy when we allow God to use us as He designed us.

Scripture admonishies, living sacrifices to is that good and accept 12:1,2. If you really w for your life, you must Give Him your feeling both naturally with you naturally with your spi

## For Review

The Bible teaches us not to be like children tossed to and fro, all mixed up in life. Instead we should "speak the truth in love that we may grow up in Christ," Eph. 4:15.

# We all need to mature in Christ, so we can enjoy life as God intended!

Because these lessons are so important, your church has provided you with this tremendous learning experience, Everything would be wasted if you ended this study without determining to be involved in a specific ministry. Also learn how to avoid and resolve conflicts based upon Biblical Resolution Management principles and ministry will be more meaningful.

Consider making a commitment to follow Christ. Dedicate your giftedness to God. He wants to bless you more than you could ever imagine. Remember happiness is a choice. You will experience true joy, "charis," when you are exercising your giftedness. But you must make a commitment to exercise your giftedness.

Don't wait for anyone to ask you to get involved. Start this week by just showing up and saying, "I'm ready to serve!" Don't be

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ould help you understand istry. *Remember, every* 

member is a minister! This could be your Day of Pentecost, when God pours out His blessings on your life and uses you in ways you never dreamed. But it could also be a nightmare, because of *people*. Serve God, regardless of whatever conflicts and clashes you may have, and you WILL be blessed.

Keep your eyes on Christ and you will succeed!

## My Action Plan

1. My highest plotting point in Graph 1:; Graph 2:  This means I tend to be more;;
2. The overuse of this
3. My next highest pl If above the mid-line,  For Review
4. The overuse of the
5. My lowest plotting point in Graph 1:; Graph 2:;  This means I tend to not be;;
6. To communicate more effectively I should
7. To communicate more effectively with, I need to
8. I should guard or improve my following task tendencies:
9. I should guard or improve my following people tendencies:
10. I can improve my outgoing and reserved tendencies by:
11. I will begin today working on the following:
12. My daily affirmation to improve my behavior is: